Bismillaahir Rahmaanir Raheem: In the name of Allah, the Infinitely Merciful, the Graciously Merciful

SELF-EVALUATION PROGRAMME FOR THE MONTH OF RAMADHAAN 1438 – May – June 2017

Umar ibn al Khattab radhiyallaahu anhu said: حَاسِبُوا أَنْفُسَكُمْ قَبْلَ أَنْ تُحَاسَبُوا "Evaluate Yourself before You Are Evaluated by Allah!"

I commit myself to do my best, InshaaAllah. Whatever I do, I'll do so for *the sake of Allah alone*. My Name & Signature: _____

Key** to be used for 5 Time Prayers: **WJ** = **With Jama'ah** **WoJ** = **Without Jama'ah

My Ramadhaan Activity	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
I said the du'aas upon getting up from sleep	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I Prayed 2 Rakaat before Suhoor / Offered Qiyamul Layl	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I observed Fast (Sawm) Today	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I offered Fajr Prayer	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ
I made du'aa before and after Fajr	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I offered Zuhr Prayer	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ
I offered Asr Prayer	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ
I offered Maghrib Prayer	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ
I made du'aa for everyone at Iftaar time	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I offered Ishaa Prayer	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ
I went for Taraweeh Prayer	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I read Qur'an today	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I read a few Hadeeth today	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I memorised some ayaats of the Qur'an today	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I used some time to understand the meanings of the Surahs I know	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I said Subhanallaahi Wa Bi Hamdihi 100 times today	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I gave Charity today	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I used my tongue in a good way & didn't utter any bad word today	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I shared my Islamic knowledge with my friends and siblings today	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I helped my parents in doing housework and running errands	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I memorised a new du'aa today	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I didn't waste my time in TV, gadgets & social media	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I said the du'aas before going to sleep	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No

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Umar ibn al Khattab radhiyallaahu anhu said: حَاسِبُوا أَنْفُسَكُمْ قَبْلَ أَنْ تُحَاسَبُوا "Evaluate Yourself before You Are Evaluated by Allah!"

I commit myself to do my best, InshaaAllah. Whatever I do, I'll do so for *the sake of Allah alone*.

Key** to be used for 5 Time Prayers:* ***WJ** = **With Jama'ah ***WoJ** = **Without Jama'ah***

My Ramadhaan Activity	Day 8	Day 9	Day 10	Day 11	Day 12	Day 13	Day 14
I said the du'aas upon getting up from sleep	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I Prayed 2 Rakaat before Suhoor / Offered Qiyamul Layl	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I observed Fast (Sawm) Today	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ
I offered Fajr Prayer	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I made du'aa before and after Fajr	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ
I offered Zuhr Prayer	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ
I offered Asr Prayer	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ
I offered Maghrib Prayer	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I made du'aa for everyone at Iftaar time	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ
I offered Ishaa Prayer	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I went for Taraweeh Prayer	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I read Qur'an today	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I read a few Hadeeth today	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I memorised some ayaats of the Qur'an today	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I used some time to understand the meanings of the Surahs I know	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I said **Subhanallaahi Wa Bi Hamdihi** 100 times today	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I gave Charity today	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I used my tongue in a good way & didn't utter any bad word today	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I shared my Islamic knowledge with my friends and siblings today	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I helped my parents in doing housework and running errands	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I memorised a new du'aa today	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I didn't waste my time in TV, gadgets & social media	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I said the du'aas before going to sleep	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No

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Umar ibn al Khattab radhiyallaahu anhu said: حَاسِبُوا أَنْفُسَكُمْ قَبْلَ أَنْ تُحَاسَبُوا "Evaluate Yourself before You Are Evaluated by Allah!"

I commit myself to do my best, InshaaAllah. Whatever I do, I'll do so for *the sake of Allah alone*.

Key** to be used for 5 Time Prayers:* ***WJ** = **With Jama'ah ***WoJ** = **Without Jama'ah***

**** Note = The night that follows Day 20 is the 1st odd night of Laylatul Qadr so I need to take care and do extra ibadah***

My Ramadhaan Activity	Day 15	Day 16	Day 17	Day 18	Day 19	Day 20*	Day 21
I said the du'aas upon getting up from sleep	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I Prayed 2 Rakaat before Suhoor / Offered Qiyamul Layl	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I observed Fast (Sawm) Today	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ
I offered Fajr Prayer	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I made du'aa before and after Fajr	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ
I offered Zuhr Prayer	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ
I offered Asr Prayer	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ
I offered Maghrib Prayer	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I made du'aa for everyone at Iftaar time	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ
I offered Ishaa Prayer	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I went for Taraweeh Prayer	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I read Qur'an today	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I read a few Hadeeth today	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I memorised some ayaats of the Qur'an today	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I used some time to understand the meanings of the Surahs I know	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I said **Subhanallaahi Wa Bi Hamdihi** 100 times today	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I gave Charity today	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I used my tongue in a good way & didn't utter any bad word today	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I shared my Islamic knowledge with my friends and siblings today	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I helped my parents in doing housework and running errands	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I memorised a new du'aa today	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I didn't waste my time in TV, gadgets & social media	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I said the du'aas before going to sleep	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No

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Umar ibn al Khattab radhiyallaahu anhu said: حَاسِبُوا أَنْفُسَكُمْ قَبْلَ أَنْ تُحَاسَبُوا "Evaluate Yourself before You Are Evaluated by Allah!"

I commit myself to do my best, InshaaAllah. Whatever I do, I'll do so for *the sake of Allah alone*.

Note = The nights that follow Days 22, 24, 26 and 28 are the odd nights of Laylatul Qadr so I need to take care & do extra ibadah

My Ramadhaan Activity	Day 22*	Day 23	Day 24*	Day 25	Day 26*	Day 27	Day 28*
I said the du'aas upon getting up from sleep	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I Prayed 2 Rakaat before Suhoor / Offered Qiyamul Layl	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I observed Fast (Sawm) Today	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ
I offered Fajr Prayer	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I made du'aa before and after Fajr	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ
I offered Zuhr Prayer	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ
I offered Asr Prayer	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ
I offered Maghrib Prayer	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I made du'aa for everyone at Iftaar time	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ	□ WJ □ WoJ
I offered Ishaa Prayer	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I went for Taraweeh Prayer	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I read Qur'an today	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I read a few Hadeeth today	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I memorised some ayaats of the Qur'an today	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I used some time to understand the meanings of the Surahs I know	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I said **Subhanallaahi Wa Bi Hamdihi** 100 times today	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I gave Charity today	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I used my tongue in a good way & didn't utter any bad word today	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I shared my Islamic knowledge with my friends and siblings today	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I helped my parents in doing housework and running errands	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I memorised a new du'aa today	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I didn't waste my time in TV, gadgets & social media	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No
I said the du'aas before going to sleep	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No

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I commit myself to do my best, InshaaAllah. Whatever I do, I'll do so for *the sake of Allah alone*.

Key** to be used for 5 Time Prayers:* ***WJ** = **With Jama'ah ***WoJ** = **Without Jama'ah***

My Ramadhaan Activity	Day 29	Day 30	Shawwal 1, Eid al Fitr	My Activity
I said the du'aas while going to sleep & upon getting up	□ Yes □ No	□ Yes □ No	I said the du'aas upon getting up from sleep	□ Yes □ No
I said the du'aas upon getting up from sleep	□ Yes □ No	□ Yes □ No	My parents gave Zakatul Fitr	□ Yes □ No
I Prayed 2 Rakaat before Suhoor / Offered Qiyamul Layl	□ Yes □ No	□ Yes □ No	I expressed special thanks to my parents	□ Yes □ No
I observed Fast (Sawm) Today	□ WJ □ WoJ	□ WJ □ WoJ	I offered Eid al Fitr Prayer	□ Yes □ No
I offered Fajr Prayer	□ Yes □ No	□ Yes □ No	I said the Eid Takbeer many no. of times	□ Yes □ No
I made du'aa before and after Fajr	□ WJ □ WoJ	□ WJ □ WoJ	I listened to the Eid Khutbah attentively	□ Yes □ No
I offered Zuhr Prayer	□ WJ □ WoJ	□ WJ □ WoJ	I extended Eid Greetings to friends/family:	□ Yes □ No
I offered Asr Prayer	□ WJ □ WoJ	□ WJ □ WoJ	I made du'aa for Peace in the world	□ Yes □ No
I offered Maghrib Prayer	□ Yes □ No	□ Yes □ No	I helped my parents in making the dish	□ Yes □ No
I made du'aa for everyone at Iftaar time	□ WJ □ WoJ	□ WJ □ WoJ	I offered Fajr I offered Zuhr I offered Asr I offered Maghrib I offered Ishaa	□ WJ □ WoJ □ WJ □ WoJ □ WJ □ WoJ □ WJ □ WoJ □ WJ □ WoJ
I offered Ishaa Prayer	□ Yes □ No	□ Yes □ No	I used my time wisely & had some halal fun	□ Yes □ No
I went for Taraweeh Prayer	□ Yes □ No	□ Yes □ No	I said the du'aas before going to sleep.	□ Yes □ No
I memorised some ayaats of the Qur'an today	□ Yes □ No	□ Yes □ No	**My Resolution** I resolve to keep up the spirit of Ramadhaan in the coming days, inshaaAllah. My Signature: _____ My parent's signature: _____ Date: _____	May Allah Show Us the Right Path & Bless Us in What He has Given Us.
I used some time to understand the meanings of the Surahs I know	□ Yes □ No	□ Yes □ No		
I said **Subhanallaahi Wa Bi Hamdihi** 100 times today	□ Yes □ No	□ Yes □ No		
I gave Charity today	□ Yes □ No	□ Yes □ No		
I used my tongue in a good way & didn't utter any bad word today	□ Yes □ No	□ Yes □ No		
I shared my Islamic knowledge with my friends and siblings today	□ Yes □ No	□ Yes □ No		
I helped my parents in doing housework and running errands	□ Yes □ No	□ Yes □ No		
I memorised a new du'aa today	□ Yes □ No	□ Yes □ No		
I didn't waste my time in TV, gadgets & social media	□ Yes □ No	□ Yes □ No		